



2011 Fall Leadership Conference

November 10, 2011

Workshop Descriptions

Elevator Statements

You have 30 seconds to explain to a stranger the essential information about your organization. Can you sell them on the merits of your group before the window of opportunity closes? Participants walk away with an ability to better articulate the key information about their association

Learning Targets: Presentation/Facilitation, Promotion, Membership Growth

Get A Job

If you are to be successful at finding a job in this competitive economy, you must use the right strategy and persist when faced with challenges. This session focuses on interview strategies, dressing for success, and resume preparation.

Learning Targets: Employability, Personal Brand, Resume Writing

The Project

Participants form a start-up company to create a working prototype of a functional innovative product. Throughout the process they focus on defining roles and responsibilities on a team, delegation and empowerment.

Learning Targets: Teamwork, Vision, Presentation Skills

Serving of Me

How others see you is not always how you see yourself. This activity explores the nature of self-perception and allows teams to get a better understanding of the value of diversity and uniqueness of individuals as a part of the team.

Learning Targets: Open Communication, Perception, Self-esteem

Teambuilding

Groups are challenged to recreate a Lego model hidden from view. This is a fun and challenging leadership experience that unifies a team behind a common goal. Discussion focuses on delegation, time management and team dynamics.

Learning Targets: Strategy, Delegation, Teamwork, Understanding Others

Twisted Tower

Teams are challenged to build the tallest, free-standing, portable tower they can using only tape and balloons. Although it sounds simple – watch out – there is a twist!

Learning Targets: Vision, Teamwork, Creativity, Challenge Management

Motivational Films

Pressure Points

Today's teens are STRESSED OUT! They have more pressures than ever before. Brad is your typical high school student. He loves hanging out with his friends and playing sports. He is a well rounded kid. But Brad is stressed out! He has pressure coming from every direction. Join us as we spend a day with Brad and his friends as they experience three of the major "pressure points" that affect today's teenagers.

Pressure From The Media: The media is not a great place to learn about values. TV commercials say that fun equals parties and alcohol. Many music artists promote disrespectful attitudes and foul language. Movies and websites regularly encourage a casual attitude toward sex.

Pressure From Friends: Peer pressure is alive and well. In Pressure Points, Brad learns that peer pressure isn't always an obvious attempt to convince teens to do wrong. Often, simply hanging out with friends with the desire to be part of the group creates substantial pressure.

Pressure From Yourself: This pressure can be the worst. Teens pressure themselves in grades, appearance, music, athletics and other areas. They can believe that they are simply not as good as everyone else. This pressure can be overwhelming and keep them from meeting their true potential.

Pressure Points helps your students identify the pressures in their own lives. They will learn that pressure is neither good nor bad. It never goes away. But taking control of the pressure and using it as a positive motivator can grow them more than they thought possible!

Using current film clips, and a soundtrack of today's popular music, and inspirational true stories, PRESSURE POINTS will clearly communicate how one responds to pressure makes all the difference.

Take Control

Addressing the National issues of bullying, careless driving, and overcoming today's challenges.

Control....It's a small world with a lot of power, because the moment we lose it could be our last. We all want to be in control of our lives, but few of us really know what that even means. There are 3 huge areas of lives that if we don't take control of, can create some serious problems.

Control What We Say: Words have so much power in our lives as well as other people's. We can speak encouragement or destruction, and whatever we choose to say, we can never take back. Once we say something, it out for life.

Control What We Do: Because the right decision is usually the hardest to make, it takes a lot of self-control, and determination. But unless we see for ourselves the importance of making good decisions, one little wrong decision can end everything in a split moment.

Control Our Response: So how do we control things that are out of our control? Maybe we can't. There'll always be things that happen to us both good and bad that we have nothing to do with. But how do we respond to the bad things? Do we use it as an excuse to blame others and give up, or do we use it as an opportunity to TAKE CONTROL and overcome?